



It's the time of year when many of you will start to see nasty black stuff in your window ledges. This is common in Canadian homes

It happens when the cold air outside comes into contact with the warm air inside.

Condensation forms on the inside window pane and water runs down into the ledge. There is mixes with the dust and it makes an absolutely perfect environment for mould to grow. YUCK ! So now what ?

Some tips to avoid getting mould in the first place.....

Keep a window (somewhere in your home) slightly open all year round. Just a tiny crack will do. It will bring in the cold dry air from outside and reduce the moisture level throughout your home.

Open curtains and blinds during the daytime hours. This will allow the air to circulate and dry up any of that condensation before it has a chance to run down the window into the ledges.

Keep your window ledges dust free. Mould can't grow if it has nothing to eat.

Run a fan or dehumidifier. Open a window when cooking (esp spaghetti!)

Run your bathroom fan for at least 15 minutes after every shower or bath to take the moisture out of the air.

If you still get some mould in your window ledges, it's pretty easy to clean up. The next few pages have tips on how to do this task.

**Welcome to winter in Canada folks 😊**